

Buckinghamshire Mind info

Buckinghamshire Mind is a trusted charity that works to support and represent people with mental health problems living in Buckinghamshire and East Berkshire by providing high quality services.

Our services find positive ways to make people feel valued and live well. We support our service users to live safe, purposeful and fulfilled lives in their communities. We believe in their recovery and we are hopeful about their future.

We bring focused mental health expertise to our partnerships and the services we provide. We value working in partnership. In Buckinghamshire and East Berkshire we know that bringing together different perspectives can help identify solutions to complex problems.

We support people in Buckinghamshire and East Berkshire so they can be open about who they are, without worrying about discrimination, knowing they will be accepted.

Our Vision

Working with national Mind, we will not give up until everyone in Buckinghamshire and East Berkshire with a mental health problem gets both support and respect.

Our Mission

We deliver high quality community based services in Buckinghamshire and East Berkshire to reach out and ensure everyone with a mental health problem gets access to the help they need.

Our Services

- Befriending
- Community Link Worker Social Prescribers
- Counselling
- Employment Support
- Children and Young People's Services
- Older Adults' Service
- Community Based Support
- Perinatal Support Service
- Peer Support Groups
- Suicide Bereavement Support Service
- Safe Haven (crisis support)
- Training Services
- Wellbeing Groups

Find out more about all our services at: www.bucksmind.org.uk/services

Contact Us

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